

What To Pack

ELI Leader Week & Practicum Weeks



Luggage

- Large duffel bag or trunk
- Daypack or backpack (for water bottle and jacket)

Outerwear

- Waterproof rain jacket or poncho
- Sweatshirt or light jacket

Footwear

- Tennis shoes (2 pairs in case one gets wet)
- Water shoes with a heel strap for activities (no flip flops or Crocs – flip flops can be used for showers only)

Camp Clothing

- Shorts (5-6) (one pair khaki shorts)
- Pants (1) (blue jeans work well)
- T-shirts (6-7) (no loose hanging tanks)
- Socks (6 pairs)
- Underwear (6)
- Pajamas (all must wear shirt and shorts/pants)
- Swimsuits (1-2) (one-piece)
- Hat and/or bandana

Sleeping

- Pillow
 - Bedding (sheets/blankets or sleeping bag)
- Note: During ELI Leader Week, ELI sleep in dorm style lodging at LaGrange College with XL twin beds. During Practicum Week(s), ELI will need a sleeping pad or single air mattress for sleeping on classroom floors at the church hosting the Grow Day Camp.

Camp Gear

- Water bottle
- Flashlight or headlamp w/ extra batteries
- Insect repellent
- Sunscreen

Personal Items

- Toiletries (Soap, Shampoo, Toothbrush, Toothpaste, etc.)
- Bath towel(s), wash cloth, beach towel
- Laundry bag for dirty and wet clothes
- Bible, journal, pen

Optional Items

- Stationery and stamps
- Small fan
- Musical instrument (for fun or use in worship)

Medication

- Prescription Medication:** Please follow directions on the medication portion of the ELI check-in form. All medications, including over-the-counter meds, must be checked in.

Note: Labeling/initialing clothes is highly recommended

DO NOT BRING

Cell phones/smartwatches, personal audio/video devices (mp3 player, tablet, etc), video games, tobacco, alcohol, drugs, fireworks, cell phones/smartwatches, firearms, pets, skateboards, skates, unicycles, cell phones/smartwatches, expensive clothes/shoes, or other valuable personal items....

Did we mention cell phones/smartwatches?